Were you sexually molested?

Be sure to get all forensic evidence secured.

Secure all traces and forensic evidence anonymously following a sexual assault (e.g. rape).
Have you been a victim of rape or sexual violence in any manner?

You probably had a blackout and you don’t know what happened or, you feel that something happened that was not right?
Have you been *sexually molested* (rape or any act of sexual nature against your will) and you don’t know what to do next? Maybe the perpetrator is someone you know, and you are not so sure if you should report the matter?

You find yourself in a difficult situation and you might be even scared. But it is very important for you now to do something about it. Don’t be afraid – *Be sure to get all forensic evidence secured.*

After an incident of rape, it is very important to secure proofs so that the perpetrator can be caught, if possible, and held legally accountable. You should get yourself medically examined to *get all traces of the crime secured anonymously* without having to report to the police. Even if you decide to report the matter only after some years, the findings can support your case and the perpetrator is likely to be convicted.
Traces of a rape or any other sexual assault against your will must be secured as quickly as possible, most preferably within the first 24 hours after the deed. Crucial traces are lost or destroyed if you change or clean your clothes or, if you take a shower. So, if possible, avoid washing yourself or taking a shower before the examination, even if you find it difficult. As much as possible, don’t put away your clothes but pack them dry in a paper bag and hand them over to the authorities for further investigation. After the examination you may think about changing clothes then.

An effective proof of knockout drops lasts only for a short period, for about 12 hours. Do you suspect that someone has given you knockout drops? That might be the case if you had a blackout and cannot remember anything, but you feel that something had happened that was not right. Tell the doctor about your suspicion.

Tell the doctor that you wish to get the traces and forensic evidence secured anonymously and, as much as possible, report exactly what has happened. Show possible physical injuries so that you are medically properly examined and everything can be documented. Your physical injuries can also be treated medically.
A medical examination and diagnosis, even if no visible external injuries are present, can be helpful. If your injuries are documented and the perpetrator’s DNA is secured, it will corroborate your statements on the incident.

You can also request to be examined by a lady if possible.

At the time of medical examination, you can also have anyone whom you trust by your side. If you are below 14 years of age, the doctor must inform your parents, unless you have done it yourself already.

If, in the course of the examination, you consider making a formal report immediately, tell it to the doctor so that he or she can inform the police.
If you need help, you can contact any day round the clock Frauenklinik St. Louise, Husener Straße 81, 33098 Paderborn, Ph. 05251/86-40

(Bus Nos. 4 and 9, Stop: „Frauenklinik“)
At the entrance gate, register yourself as an emergency case and ask for gynaecological outpatient clinic. You will receive treatment there free of charge and absolutely confidentially. If you request, the forensic evidence will be secured anonymously.

After the examination, the clinic will assign a box number to the secured evidence and send it to the forensic medical department in Münster; there it will be retained for several years. Any time as long as the evidence pertaining to your case is retained there, you can ask for it in the event that you decide to report the matter. Only then the police will take up the case.

Be sure to secure all forensic evidence.
BE SURE TO SECURE ALL FORENSIC EVIDENCE.
GET ADVICE AND SOMEONE TO ASSIST YOU!

Don’t stay alone. Soon after the incident and even later, you can approach counselling organizations like BELLADONNA and Lilith in Paderborn for clarifying and supportive discussions and information. Also, the WEISSE RING organization can help you in the situation.

See below the addresses of the Counselling Centre against Sexual and Domestic Violence – Social Service for Catholic Women and the Lilith Counselling Centre for Women:

BELLADONNA – Beratungsstelle gegen sexuelle und häusliche Gewalt – Sozialdienst katholischer Frauen e.V. Westernstr. 28, 33098 Paderborn

Ph. 05251/12196-19
belladonna@skf-paderborn.de

Frauenberatungsstelle Lilith e.V. Elsener Straße 88, 33102 Paderborn
Ph. 05251/21311
frauenberatung@lilith-paderborn.de

WEISSER RING e.V. (Außenstelle PB) Mälzerstr. 31, 33098 Paderborn
Ph. 05251/370987
ruth.stoepper@t-online.de

You can contact the responsible Criminal Investigation Department (Kriminalkommissariat) on all Mondays to Fridays between 7:30 am and 3:30 pm. Outside the working hours, you can call the police over the phone at Tel. 05251/306-3100.

This pamphlet has been prepared by the Paderborn workgroup „Anonyme Spurensicherung“ (secure forensic evidence anonymously). If you have any questions, please contact the workgroup „Anonyme Spurensicherung“ c/o Gleichstellungsstelle der Stadt Paderborn, Am Abdinghof 11, 33098 Paderborn, Ph. 05251/88-1950, gleichstellung@paderborn.de.

Organizations cooperating in this project: Frauen- und Kinderklinik St. Louise, Gynäkologische Klinik Dr. Tavakoli, BELLADONNA – Beratungsstelle gegen sexuelle und häusliche Gewalt – Sozialdienst katholischer Frauen e.V., Frauenberatungsstelle Lilith e.V., WEISSER RING e.V., Kreispolizeibehörde Paderborn, Arbeitskreis der kommunalen Gleichstellungsbeauftragten im Kreis Paderborn, Gleichstellungsstelle der Stadt Paderborn

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